

HUMAN RIGHTS CHARTER

2021

NATIONAL ADVOCACY COUNCIL



**THIS BOOKLET WAS DEVELOPED IN LINE WITH THE
UNITED NATIONS CONVENTION ON THE RIGHTS OF
PERSONS WITH DISABILITIES**



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CHARTER OF RIGHTS DECLARATION

We have a right to be treated as responsible adults, with respect and dignity.

CRPD Article 1 - Promote, protect & ensure all human rights & freedoms



We have a right to have good support, to do the things we want to do and to access our rights and entitlements.

CRPD Article 3 - General principles - Full inclusion in society

We have a right to have opportunities to take risks so we can grow, develop and live the life we want.

CRPD Article 3 - General principles - The freedom to make our own choices

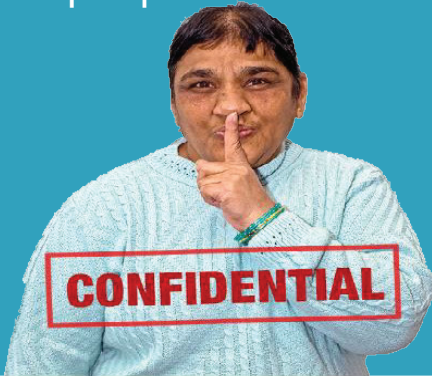


RESPECT



The right to a private life and to have my information kept confidential.

"It's important to me that people only share my personal information with people who need to know"



"We all have the right to privacy in our homes and with information about us"

CRPD Article 22 - Respect for privacy - Protect the privacy of our personal, health & information

The right to be respected by the law and make my own decisions.

"It's my life and I want to make my own mind up"

"People should know that they can appeal decisions that are made if they are not happy"

"I want to make my own decisions"

"People with Intellectual Disability have the same rights as everyone else"

"Everyone has the right to have control over their money, have a bank account and card"

CRPD Article 12 - Equal before the law, with whatever support you need

CRPD Article 13 - Access to justice



The right to be treated with dignity and respect.

"I want to be at meetings that are about me"

"I want to feel respected and be heard"

"Hear me when I communicate"

"Go to bed and get up when I want"

"Everyone has the right to have control over their money, have a bank account and card"

CRPD Article 3 - General principles - The freedom to make our own choices.

CRPD Article 19 - Live independently and to be included in the community.

CRPD Article 21 - Freedom of expression and opinion, and access to information



The right to have my home and family respected.

"I want people to ring the bell when they visit my home"

"I want the support of staff so I can stay connected to my family"

CRPD Article 23 - Respect for home and the family



EQUALITY



The right to have equal job rights, rules and pay.

"I want a paid job"

"It's a great job, I am treated the same as everyone else"

"I want to earn a living so I can go on holidays and buy nice clothes"

CRPD Article 27 - Work and employment

The right to a good standard of living.

"I want enough money to enjoy going out with my friends"

"I want to be happy"

CRPD Article 28 - Adequate standard of living and social protection



The right to a good health service.

"I have been on a waiting list for a long time"

"I need more physio or I will seize up"

**CRPD Article 25 - Health -
Prevent denial of health care or health
services on the basis of disability**



The right to develop friendships, relationships, to get married and to have a family.

"I want to get married"

"The right to express my sexuality"

"I don't want my family interfering in my relationship"

"I would like to have children"

"I would like to be in love"

**CRPD Article 21 - Freedom of
expression and opinion, and access to
information**

**CRPD Article 23 - Respect for home and
the family relating to marriage, family,
parenthood and relationships**



ACCESSIBILITY



The right to an education.

"I want a proper job and that means I need to get a college education"

"I want to go to college like my sister"

"The right to get an education, training and doing courses are very important to me"

CRPD Article 24 - Education - Teachers should use appropriate communication techniques and materials to support people with disabilities in mainstream education



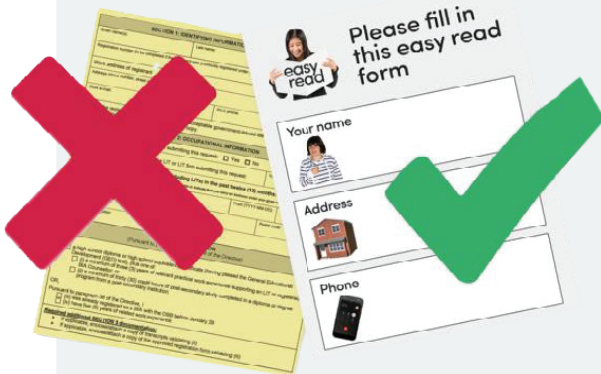
The right to get information in a way I understand.

"I find it hard to fill out forms, they should be done in a way that we can understand"

"Information should come in all forms, like videos or use pictures with less words"

CRPD Article 9 - Accessibility - Design, develop, produce accessible information

CRPD Article 21 - Freedom of expression - Encourage mass media to make services accessible to persons with disabilities



The right to access buildings, transport and technology.

"I can't leave my house to go to town as cars are parked on the paths and I can't get around."

"I want to travel on trains and buses without support"

**CRPD Article 20 - Personal mobility -
The greatest possible independence for
persons with disabilities**



The right to raise awareness around people with disabilities.

"It's important that we are involved in talking to people in power so they understand and become aware of how they can improve towns, buildings, transport and information and make it accessible to all"

CRPD Article 8 - Awareness raising throughout society, including families, to respect the rights and dignity of people with disability, focusing on their abilities and contributions



PARTICIPATION



The right to be part of sports and leisure groups.



"I want to learn a new sport and join a club in my town"

"I feel lonely sometimes"

"I want to be a footballer"

CRPD Article 30 - Participation in cultural life, recreation, leisure and sport

The right to make choices in my life.

"It's important to me that I have choices around my own food, clothes and how I look"

"We all have the right to plan for our future"

"I have the right to watch what I want on TV and have WIFI"

"We all have the right to pick our own doctor"

CRPD Article 21 - Freedom of expression and opinion, and access to information





The right to be part of a community with the proper supports.

"We have the right to meet our friends and get the support needed to do this"

" I want to socialise in my town and go to discos"

CRPD Article 19 - Live independently and be included in the community

The right to lead an independent and healthy life.

"I want to learn to drive"

"I want to be fit and healthy"

"I want to do things for myself"

CRPD Article 26 - Habitation and rehabilitation for people with disabilities - To have maximum independence, full physical, mental, social and vocational ability, and inclusion in all aspects of life



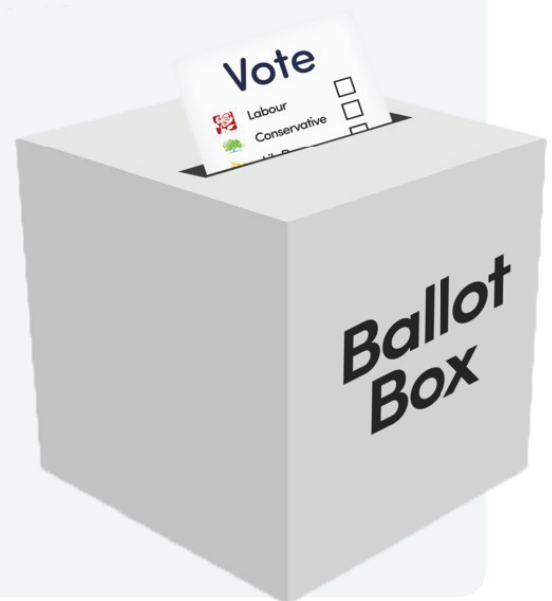
FREEDOM



The right to be involved in politics and to vote.

“Everyone has the right to vote and stand up for our rights by talking to people that are elected on Councils and in the Government ”

CRPD Article 29 - Participation in political and public life



The right to express my opinion.

“People need to know that’s its ok to say no and change your mind”

“It is important that we know we can complain if something is wrong”

CRPD Article 21 - Freedom of expression and opinion, and access to information



The right to choose where I live and who I live with.

"I want to move out of my family home and into a place of my own"

"I want to stay in my own home and get support to do this"

I would like a home where I am not worried about being evicted"

"Make my own decisions like having a pet"

CRPD Article 19 - Live independently and to be included in the community

CRPD Article 21 - Freedom of expression and opinion, and access to information



The right to be free from abuse and to feel safe.

"It's important that people know that they have a right not to be bullied "

"People should not call you names or hit you"

CRPD Article 5 - Equality and non-discrimination

CRPD Article 6 - Women with disabilities

CRPD Article 11 - Situations of risk and humanitarian emergencies

CRPD Article 14 - Liberty and security of the person

CRPD Article 15 - Freedom from torture or cruel, inhuman or degrading treatment or punishment

CRPD Article 16 - Freedom from exploitation, violence and abuse



Declaration of Supports



We need our families, staff, communities and elected representatives to know about our rights, so they can support us in accessing our choices and rights.

The Charter of Rights is based on rights identified by Advocates using the Brothers of Charity Services in Ireland.

Any restriction on my rights must be in accordance with the law and subject to due process.

Thank you

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All the quotes came from people in the following Galway Advocacy Groups:

Arts Alive Galway City

Bruach Na Mara Advocacy Group, Carraroe

Failte Community Advocacy Group, Galway City

Limelight Creative Arts, Oranmore

Orchard Services Advocacy Group Gort

Rainbow Services Advocacy Group, Ballinasloe

Swan Centre, Athenry

Tope Advocacy Group, Ballinasloe

Viewpoint Advocacy Group, Ballinasloe